

Carla Friend, M.A., LMFT
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916-290-3556

CREDENTIALS

M.A. Counseling Psychology, 2013, National University
B.A. Psychology, 2011, National University
Marriage and Family Therapist - California License #106019
Child Custody Recommending Counselor
Child Custody Evaluator (Family Code § 3110/3111)

CLINICAL EXPERIENCE

Private Practice, Marriage and Family Therapist. 2018 - Present
My private practice has been focused on providing therapy for adults, children (ages 10 and above), teens, families, and divorced or divorcing couples. I work with a variety of clinical issues not limited to high conflict custody cases, co-parenting, parenting, divorce recovery, and anxiety. I provide confidential mediation services for parents looking to resolve issues with parenting plans.

PROFESSIONAL SPECIALTIES

Forensic Evaluation:

CCRC/3111 Evaluations: Ms. Friend meets the court appointment requirements as a Child Custody Recommending Counselor and a Child Custody 3111 Evaluator pursuant of California Rule of Court 5.225.

2020 - Present - **Child Custody Recommending Counseling**
2020 - Present - **Child Custody 3111 Evaluator**

PROFESSIONAL MEMBERSHIPS

Sacramento Valley Child Custody Mediators and Evaluators
California Association of Marriage and Family Therapist
Association of Family and Conciliation Courts
Sacramento County Bar Association

CONTINUING EDUCATION (Partial Listing)

- 2024 **Domestic Violence: Everything You Should Know & Understand**
20.5 hours. Association of Family Conciliation Courts-California, Bartholomew & Wasznicky LLP, Our Family Wizard, and Soberlink.
- 2024 **Confirmation Bias: Getting it backwards in High Conflict Cases (and How to Correct it)** 1.0 hours. Association of Family Conciliation Courts-California, Bill Eddy, LCSW, Esq.
- 2023 **Fall Conference: Addiction, Family Violence, and Mental Illness: Assessing and Managing Challenges to Contemporary Co-Parenting** 18.5

hours. Association of Family Conciliation Courts-California.

- 2023 **Domestic Violence Update Training: Sacramento Valley Custody Mediators:** 4.0 hours. Allison R. Kephart, Director of Legal Services - WEAVE, Inc.
- 2022 **Using New Information to Rethink and Established Ideas: Helping Children in Chronically Conflicted Families** 8 hours. Bartholomew and Wasznicky, LLP, the Association of Certified Family Law Specialist and the California Lawyers Association, Family Law Section.
- 2022 **Domestic Violence Update Training** 4 hours. Allison Kephart, Director of Legal Services, WEAVE, Inc.
- 2022 **Child Custody Evaluation Annual Update Training** 8 hours. Philip M. Stahl, Ph.D, ABPP, The Steve Frankel Group, LLC
- 2021 **Testifying as a Mental Health Professional** 1 hour. Susan C. Rempel, Ph.D.
- 2021 **58th Annual Conference When a Child Rejects a Parent: Are We Part of the Problem or the Solution?**, 34 hours. Association of Family Conciliation Courts - California.
- 2021 **Suicide Prevention, Assessment, and Intervention**, 6 hours. Benjamin E. Caldwell, PsyD, LMFT
- 2021 **EthicsL Reconsidering Dual Relationships**, 1 hour. Benjamin E. Caldwell, PsyD, LMFT
- 2021 **Social Media Ethics for Mental Health Professionals**, 1 hour. Benjamin E. Caldwell, PsyD, LMFT
- 2021 **Telehealth: Legal and Ethical Issues**, 1 hour. Benjamin E. Caldwell, PsyD, LMFT
- 2021 **California Telehealth Law**, 1 hour. Benjamin E. Caldwell, PsyD, LMFT
- 2021 **Ethics: Self-Disclosure in Therapy**, 1.5 hours. Benjamin E. Caldwell, PsyD, LMFT
- 2021 **Shared Parenting Support Program**, 8 Hours Carol Greenfield, LMFT
- 2021 **Domestic Violence Update Training**, 4 hours Allison Kephart, WEAVE Inc.
- 2020 **14th Annual Symposium on Child Custody**, 8.5 hours. Association of Family Conciliation Courts - California.
- 2020 **Helping Anxious Kids: A Certification Training on Anxiety Treatment for Children & Adolescents**, 25 hours, Lynn Lyons, LICSW
- 2019 **Child Custody Evaluation Training for Mental Health Professionals**,

40 hours, AFCC - CA, Leslie Drozd, Ph.D., Robin Deutsch, Ph. D., Robert Kaufman Ph. D., Jill Bar, JD, Charlotte Keely, JD.
- Roles of Child Custody Evaluators, Effects of Divorce
- Evaluation Process, Interviewing Children and Parenting Plans
- Culture and Religion in Child Custody Evaluation
- Evaluation of Sexual Abuse
- Crafting Recommendations and Subpoena and Testimony

- 2019 **Child Custody Mediator/CCRC Training**, 40 hours. Association of Family and Conciliation Courts - California Chapter
- Statutory Requirements, Evidentiary Issues and Rules of Court
- Pertaining to CCRC
- Mediation Skills and Concepts
- Mediation Practice and Process
- Interviewing Children
- Substantive Issues: Brief Overview in CCRC Context
- Drafting Agreements and Recommendations
- 2019 **Kids in the Crossfire of Divorced and Blended Families: Interventions for Anxious, Depressed, and Oppositional Children**, 6 hours. Steve O'Brien, PsD. PESI
- 2019 **Family Law 101 and Mental Health Professionals: The Marital Dissolution**, 3 hours, Sacramento Collaborative Practice Group, Bartholomew and Wasznicky LLP.
- 2019 **Positive Discipline for Teens**, 3.5 hours. Lisa Larson, LMFT, James Nelson, MFT, Ed.D.
- 2018 **Law and Ethics, The Modern Legal and Ethical Landscape: Morals, Technology, and More**, 6 hours. Benjamin E. Caldwell, PsyD, LMFT
- 2018 **Facilitating Growth in Children through Child-Centered Play Therapy**, 2 hours. Dr. Elisabeth Liles
- 2018 **Evidence-Based Treatment of Intimate Partner Abuse**, 16 hours. John Hamel, LCSW, PhD.
- 2018 **Introduction of Family Court Forensic Mental Health Work - A Hands-On Training Program**, 2 hours. Association of Family and Conciliations Courts-California.
- 2018 **High Conflict Families: Early Identification and Intervention Options**, 8 hours. Association of Family and Conciliation Courts-California.
- 2015 **Attachment Puzzle**, Neufeld Institute
- 2014 **Introduction to Sandplay Therapy**, 10 hours. Linda Cunningham, Ph.D., MFT
- 2013 **Law and Ethics for Marriage and Family Therapist**, 6 hours. Carisa Sherwood, LMFT

2013 **Working with Couples: Core Concepts, Common Presenting Problems, and Specific Interventions**, 6 hours. Carisa Sherwood, LMFT